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New Book! Triumph: Living Inside Out

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Change Your Thoughts and Change Your Life!

By Tim Ewell

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Houston, TX – Surviving death's door three times can make one say, "Why am I still here?" "Now What?" That's the case for Houston, Texas Author, Tim Ewell. In his new, book **Triumph: Living Inside Out** Tim has released his unique insights for living a more enhanced life from the inside out. With his life hanging in the balance and fighting for his life during a catastrophic brain injury, Tim says he saw his life from a new perspective with more clarity than before. Tim discovered what was missing in his life and the lives of many others; it was as if he was given a gift for living life better. Tim thought if he were able to survive that tough life season, he would live his life by the priority list principals and share his life vision with others to enhance their life journey from the inside out.

Life Can Get in The Way

Let's face it at one point or another in our lives we'll all have to face something we didn't plan for or are not equipped to handle. Tim's a new book Triumph was written from personal experience surviving death's door multiple times. Triumph will equip you to not only **go** through tough life season but also actually **grow** through these tough times in life. His story meets you right where you are in life and helps you through what you're dealing with. Triumph provides tangible tools to help you conquer those tough life seasons.

Moving Forward With A Plan

In his new book, Tim shares his life priority list, and when implemented, the Life Priority List proves to be quite effective. When you don't have a plan or intention for your life, you'll never get to where you want to be. Tim says, "***Your intention for life and actions toward your intentions are your life roadmap to happiness!***" Tim has learned from tough life season that you can make a positive impact in your life with your thoughts about it. He likes to say, "***Change your thoughts change your life.***"

About The Author:

Tim's friends say he is either the luckiest or the unluckiest guy they know. Tim is an inspirational person full of energy when mixed with his magnetic personality he and his real life stories of survival are sure to help many others. Tim says, "***My life stories and lessons aren't so much about me, as they are about how they are interpreted and used to better the lives of others from the inside out.***" If you ask Tim, he'll say with a big smile he's the luckiest guy his friends and family know.

For More Information about Triumph: *Living Inside Out* please visit www.timlivinginsideout.com or contact Tim Ewell directly: Cell: 925-325-4491 Office: 281-778-0800. Triumph is Available at Amazon, Barnes & Noble, iTunes, [Living Inside Out Website](#) River Oaks Bookstore Houston, Texas. [Triumph Cover Artwork](#) [Triumph Promo Video Link](#) [Facebook](#) [Instagram](#) [Twitter](#)

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